

## CONGRESSMAN HOWARD.

Of National Reputation Are the Men Who Recommend Pe-ru-na to Fellow Sufferers.

A Remarkable Case Reported From the State of New York.



CONGRESSMAN HOWARD, OF ALABAMA.

House of Representatives,  
Washington, Feb. 4, 1899.  
The Peruna Medicine Co., Columbus,  
Ohio.

Gentlemen—"I have taken Peruna  
now for two weeks, and find I am very  
much relieved. I feel that my cure will  
be permanent. I have also taken it for  
la grippe, and I take pleasure in recom-  
mending Peruna as an excellent  
remedy to all fellow sufferers."

M. W. HOWARD.

Congressman Howard's home ad-  
dress is Fort Payne, Ala.

MOST people think that catarrh is a  
disease confined to the head and  
nose. Nothing is farther from the  
truth. It may be that the nose and throat  
is the most often affected by catarrh, but  
if this is so it is only because these  
parts are more exposed to the vicissitudes  
of the climate than the other parts of  
the body.

Every organ, every duct, every cavity  
of the human body is liable to catarrh.  
A multitude of ailments depend on cat-  
arrh. This is true winter and summer.  
Catarrh causes many cases of chronic  
disease, where the victim has not the  
slightest suspicion that catarrh has any-  
thing to do with it.

The following letter which gives the  
experience of Mr. A. C. Lockhart is a  
case in point:

Mr. A. C. Lockhart, corner Cottage  
street and Thurston road, Rochester, N. Y.,  
in a letter written to Dr. Hartman  
says the following of Peruna:

"About fifteen years ago I commenced to be  
ill, and consulted a physician. He pro-  
nounced my trouble a special kind of dyspepsia,  
and advised me, after he had treated me about six

months, to get a leave of absence from my busi-  
ness and go into the country. I did so, and had  
temporary relief. I went back to work again,  
but was taken with very distressing pains in my  
stomach.

"I seldom had a passage of the bowels natu-  
rally. I consulted another physician with no  
better result. The disease kept growing on my  
stomach. I had exhausted the ability of six or seven  
of Rochester's best physicians. The last physician  
advised me to give  
up my work and go  
south, after he had  
treated me for one  
year.

"I was given a  
thorough examina-  
tion with the X-ray.  
They would not even  
determine what my  
trouble was. Some  
of your testimonials  
in the Rochester  
papers seemed to me  
worthy of consid-  
eration, and I made up  
my mind to try a  
bottle of Peruna.  
Before the bottle  
was half gone I ex-  
perienced a change for  
the better. I am  
now on the fifth bot-  
tle, and have not an  
ache or pain any-  
where. My bowels  
move regularly  
every day, and I  
have taken on a ch-  
amp amount of food.  
I have recovered my  
Peruna to a great  
many, and I recom-  
mend it very  
highly. I have told several people that if they  
would take a bottle of Peruna, and could then  
afford to say that it had not benefited them, I  
would pay for the medicine."

A. C. LOCKHART.

Send for a free catarrh book. Address  
The Peruna Medicine Co., Columbus, O.

Turning Off the O. D.

The employer who would turn off  
a man who has been in his service  
for years just because he is old,  
would kick a baby to death if nobody  
was looking. If anybody is turned  
off, turn off the young ones. They  
can land on their feet. They have a  
life time before them in which to  
earn the right to be retained by  
some one. Keep the old ones if there  
is any mercy in your heart.—New  
York Press.

BEAUMONT CRUDE OIL. Miscellaneous CURES. Con-  
cussions, Chronic Cough, Grip and Colds, Rheumatism,  
Lumbago (from prominent people). Send 5c. stamps,  
for large list. National Granulated Oil Co., Temple, Texas.

WHY GET SOAKED WHEN  
TOWER'S  
FISH BRAND  
SLICKER  
WILL KEEP YOU DRY  
IN THE  
HARDEST STORM.  
ON SALE EVERYWHERE.  
LOOK FOR ABOVE TRADE MARK. BEWARE OF IMITATIONS.  
CATALOGUES FREE.  
SHOWING PLACE, 100 N. 5th ST. ST. CROIX, MINN. AND HATS  
A J TOWER CO. BOSTON, MASS.

150 Kinds for 16c.  
It is a fact that Salzer's vegetable and flower  
seeds are found in more gardens  
and on more farms than any other  
in America. There is reason for this.  
We grow and operate over 200 acres for  
the production of our vegetable and flower  
seeds. We select the finest, and grow them  
under the following conditions:  
For 16 Cents Postpaid  
50 kinds of rarest flowers includes:  
15 magnificent carnations,  
15 early gladiolus seedlings,  
15 perennials, 15 annuals,  
15 special seedlings.  
In all the kinds, positively furnishing  
hundreds of charming flowers and  
lots and lots of choice vegetables,  
together with our great catalogue  
giving all about vegetables and fruit  
and flowers and seeds, and how  
to grow them. All sent for 16c. in stamps. Write today.  
JOHN A. SALZER SEED CO.,  
La Crosse, Wis.

Bicycle Riding Dying Out.

The wheel is a thing of the past  
excepting in the sporting world, and  
for strictly utilitarian purposes.  
This was shown by the reports of the  
L. A. W. meeting, which showed  
that from over 24,000 members a year  
ago the organization has dropped to  
one of about 10,500 members today.  
Its decline is rapid, and with the de-  
cline of cycling as a diversion, but  
natural. Oddly enough, cycle racing  
is more popular and profitable now,  
in those sections where it obtains,  
than it ever was before. With good  
indoor tracks and big cards it prob-  
ably would be equally popular here.  
Cycling's future seems to be only  
that of a professional sport.

FITS Permanently Cured. No other remedy cures after  
first day's use of Dr. King's Great Peppermint Cure.  
Send for it at 10c. per bottle. Sold by Dr. H. B. Ruffin, 1101 11th St., Philadelphia, Pa.

EARLIEST RUSSIAN MISET.  
Will you be short of hay? If so plant a  
plenty of this profitably growing mi-  
set. 5 to 8 tons of Rich Hay Per Acre.  
Price, 50 lbs. \$1.00; 100 lbs. \$2.00. Write to  
John A. Salzer Seed Co., La Crosse, Wis. C

JOHN A. SALZER  
SEED CO.  
LA CROSSE, WIS.

PISTON SECURE FOR  
CURES WHERE ALL ELSE FAILS.  
Best Cough Syrup. Tastes Good. Use  
in time. Sold by druggists.

CONSUMPTION

35 Doses 35 CENTS

EXACT COPY OF WRAPPER.

CASTORIA

For Infants and Children.

The Kind You Have  
Always Bought

Bears the  
Signature

of

Use

For Over

Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

## Science AND INVENTION

There is as much real nourishment in  
one bushel of beans as in five bushels  
of potatoes.

An air-cooling system on a vast scale  
is to be tried at the St. Louis exposition.  
Great fans will bring down a current  
of cold air from a height of 800 feet  
above the earth and pour it over the  
grounds on hot days.

The amount of carbonic acid gas given  
off by a few plants is so small that  
100 plants in a room would not give as  
much as one man during a night, and  
they make many volumes of oxygen  
during the day more than sufficient to  
compensate for their presence. Rooms  
in which plants are kept have, more-  
over, a fresh odor about them, owing  
to the fact that they absorb nitrogen,  
and it is this in part that makes a room  
stuffy, because nitrogen occurs in most  
of the secretions emanating from man  
or animals.

The resistance of cedar wood to de-  
cay has long been famous, and cedar  
fence posts often last for generations.  
A remarkable instance of the inde-  
structibility of cedar has been noted in  
the State of Washington, where a forest  
of hemlocks, near Acme, has grown up  
over an ancient buried forest of cedars.  
The trunks of cedar, although lying  
in a moist soil, have been almost  
perfectly preserved for at least 150  
years, the length of time that the rings  
of growth show the hemlocks to have  
been growing above their fallen prede-  
cessors.

Corundum is first cousin to the sap-  
phire and the ruby, but lacks their bril-  
liance of color and transparency. It is  
a most excellent abrasive material,  
better than emery, which is impure  
corundum, in that respect, but hitherto  
its rarity has made it too high-priced  
for general use. Recently valuable de-  
posits of corundum have been found in  
the mountains north of Kingston, On-  
tario, and it is hoped that they will  
furnish a large supply of the mineral.  
Traces of sapphire have been found  
among the deposits, but as yet no speci-  
mens of the precious blue gem have  
revealed themselves.

The difference in color between green  
and black tea has been ascribed to va-  
rious causes. Recently Mr. Aso, of the  
agricultural college at Tokyo, has in-  
vestigated the subject, and he offers,  
in substance, the following explana-  
tion: In making green tea the leaves  
are steamed as soon as gathered; in the  
case of black tea the leaves are allowed  
to ferment before drying. The result  
is that the finished black tea contains  
much less tannin than the green con-  
tains. The original tea-leaf possesses  
an oxidizing enzyme which is destroyed  
in the green tea by steaming. In black  
tea, during fermentation, the enzyme  
oxidizes the tannin and gives rise to a  
brownish-colored product.

RICHES IN THE TROPICS.

Researches in Those Regions Are Proving  
to Be Very Profitable.

Few persons have any idea what  
prospects of wealth are opening in  
tropical countries. It is only within  
a few years that any attention has  
been paid to many large areas that are  
now found to be rich in commodities  
which the world needs. Of course, this  
work of studying the tropical world is  
still in its early stages and much re-  
mains to be done, even to procure a  
comparatively complete list of the  
tropical plants that are most useful.

In the last two or three years it has  
been feared that the demand for rub-  
ber would exceed the supply. But re-  
cent studies have revealed new fields  
that are already beginning to contrib-  
ute to the rubber supply. The list of  
rubber plants is constantly growing.  
Within two years a number of trees  
and vines never before utilized have  
begun to yield a harvest of rubber.  
This valuable product bids fair to play  
in the humid regions of the tropics  
about the same part as the precious  
metals do in temperate regions, says  
the New York Sun.

In the last ten years the Congo Free  
State, French Guinea, Madagascar and  
Lagos have advanced enormously in  
the value of their exports, the basis of  
their prosperity being due to india rub-  
ber. The latest declared exports from  
the French Congo, amounting to about  
\$1,200,000, were half india rubber.  
After the fall of Khartoum, W. Garstin,  
a French economist, expressed the  
opinion that the valley of the Upper  
Nile, devastated for so many years by  
the Mahdists, would contribute prac-  
tically nothing to the wealth of the  
world for the next half century. But  
the Upper Nile has since then yielded  
620 tons of rubber. In French Indo-  
China is the large region known as Up-  
per Laos and the Laotian Shan States,  
which until recently have never been  
of the slightest economic importance  
in the foreign trade. In 1899, after  
French experts had reported that these  
regions were rich in valuable resources,  
a little rubber began to be sent to mar-  
ket. In the first year only fifty tons  
were exported, but in the year follow-  
ing (1900), 340 tons were exported, al-  
most all of it from the Tran Ninh dis-  
trict, which is only a very small part  
of the areas in which rubber is found  
to thrive.

The advance of our knowledge of  
rubber plants in the tropics is only one  
phase of the activity of botanical ex-  
ploration there for the benefit of com-  
merce. Annales de Geographie says  
that systematic efforts are now being  
made to extend the cultivation of the  
ramie fiber plant. Plantation owners,  
experimental stations and congresses,  
in which experts discuss the question

to all its bearings, are now co-operat-  
ing to develop a new industry on a  
large scale. Ramie or China grass, of  
the nettle family, is grown largely in  
China, Japan and the Malay Archipel-  
ago for coarse cloths and cordage. It  
forms a large part of the clothing of  
the Chinese peasantry who, even in  
the coldest weather, wear nothing but  
China grass or cotton. The variety  
which is grown most largely in South-  
ern China and Northern Indo-China is  
exported to a considerable extent to  
England. Another variety known as  
green ramie thrives best in Java and  
the Sunda Islands. Both plants are  
sensitive to cold, but the variety  
known as white ramie stands moder-  
ate frosts and thrives in temperate cli-  
mates with proper soil and cultiva-  
tion.

The development of the ramie indus-  
try has been retarded by the fact  
that it is difficult to obtain the fiber,  
which is protected by a tough skin that  
resists most chemical dissolvents.  
Great efforts are now being made to  
overcome this difficulty. A ramie con-  
gress held two sessions last year and  
it is believed that the difficulty will be  
overcome.

TALKING TO ONE'S SELF.

Supposed to be One of the Early Sym-  
ptoms of Insanity.

Talking to one's self has this obvious  
advantage over any other form of or-  
atory or gossip—one is assured of a sym-  
pathetic audience. But it has also this  
peculiar drawback—it is supposed to be  
one of the early symptoms of insanity.  
Wrongly so, perhaps. A mad doctor  
might rule the habit out of his diagno-  
sis. Nevertheless the popular belief  
is firmly rooted. And it is for fear of  
this belief, doubtless, that we talk to  
ourselves, even as we dress our hair  
with straws, so rarely. It may be said  
that we never do address ourselves at  
any length except in the delirium of a  
fever. In moments of ordinary excite-  
ment, of course, we utter to the wind  
some sort of appropriate ejaculation.  
Delight wrings from us a cry of "Hur-  
rah!" or "Thank Heaven!" even  
though there be none by to echo us.  
Similarly in any disgust we emit one  
of those sounds whose rather poor  
equivalents in print are "Ugh!" and  
"Faugh!" "D—n!" and "Tut!" Much  
further than this we do not go. "Why,  
what an ass am I!" cries Hamlet in  
one of his soliloquies. Omitting the  
first word and transposing the last two,  
the ordinary modern man does often  
soliloquize, to that extent. But he  
could no more soliloquize to Hamlet's  
extent than he could speak in decasyll-  
ables. Nor is there any reason to sup-  
pose that that class of the community  
with which, contemptuous of his own  
fluency, Hamlet compared himself, is  
or ever was more prone to soliloquize  
than any other. In the matter of so-  
liloquies we cannot accept Hamlet as  
an unbiased authority. We merely  
find in him the possible origin of the  
belief that talking to one's self is a  
bad sign.—London Saturday Review.

PARIS SCHOOL

In Which Aspiring Detectives Are  
Trained for Their Profession.

Paris is the home of a new school  
for detectives, where aspiring trackers  
are taught by regularly graded lessons  
and examinations.

The students are first trained in the  
use of their eyes and hands. One of  
the lessons consists in placing a pupil  
in the middle of a brilliantly lighted  
room full of furniture. He is left for  
a few seconds, when the room is dark-  
ened, and he is required to sketch  
hastily a complete map of the room  
indicating the position of the furni-  
ture.

After this he is allowed to look at a  
face for a moment or two. The student  
is then required to describe the face  
and the color of the hair and eyes. It  
is afterwards required to recognize a  
photograph of the face among several  
hundred others.

The education of the hand follows.  
The pupil is placed in a darkened room  
full of curious and unusual objects.  
He is required to touch them rapidly  
and afterwards to recall exactly what  
he has touched and write a description  
of them. He must remember even the  
slightest details. One of the exercises  
consists in placing a jeweled knife be-  
fore him in the dark, which he is al-  
lowed to touch only for a moment. Af-  
terwards he must tell by touch what  
the jewels are—whether rubies, dia-  
monds or opals.

How It Happened.

"Yes," said the member of Congress  
"I had been in Washington but a short  
time when I awoke one morning and  
found myself famous."

"How did you manage it?"

"Published my biography in the Con-  
gressional directory without trying to  
conceal any facts or trying to assume  
a statesmanlike pose. It was an ac-  
cident, but it was effective."—Washing-  
ton Star.

Cool.

"You don't get such poetry as was  
written in days gone by," said the re-  
gretful person.

"Of course you don't," answered the  
smug modernist. "There is no further  
demand for it. There is so much days  
gone by poetry already on the marke-  
t that there is no further demand for it."  
—Washington Star.

Relics of Roman Art.

At Montalto, in the province of  
Genoa, in tearing down an old church  
a small underground room was found  
full of art objects of the Roman time  
chiefly chased silver amphorae and  
vases filled with gold and silver coins.

Every man barked at by a dog is no  
a thief; every man talked about by a  
gossip is not guilty.

What a Woman Photographer Sees.

A woman photographer, who gives  
as much thought to each portrait  
she makes, as any portrait painter,  
says that she has a peculiar feeling  
in peering through the camera of  
looking into the souls of the sitters.  
Some people are able to stand this,  
and she likes them better after they  
have been put to the test, while  
others she does not like as well. She  
sees what the untouched photograph  
often reveals, the true character of  
the sitter unsoftened by color and  
with all the lines exaggerated. The  
portrait painter frequently reveals  
characteristics in a portrait which  
the world never suspected in the sub-  
ject.—New York Times.

Zulu women always indicate by  
their head dress whether they are  
married or unmarried.

Deafness Cannot Be Cured

by local applications, as they cannot reach the  
diseased portion of the ear. There is only one  
way to cure deafness, and that is by con-  
stitutional remedies. Deafness is caused by an in-  
flamed condition of the mucous lining of the  
Eustachian tube. When this tube is inflamed  
you have a rumbling sound or imperfect hear-  
ing, and when it is entirely closed, deafness is  
the result, and unless the inflammation can be  
taken out and the tube restored to its normal  
condition, hearing will be destroyed forever;  
also causes one of ten are caused by catarrh,  
which is nothing but an inflamed condition of  
the mucous surfaces.

We will give One Hundred Dollars for any  
case of Deafness (caused by catarrh) that  
cannot be cured by Hall's Catarrh Cure. Send for  
circulars, free.

F. J. CHENEY & CO., Toledo, O.

Sold by Druggists, 75c.

Hall's Family Pills are the best.

Lawton, Okla. six months old, has  
7,000 inhabitants, 188 lawyers, 45 sa-  
loons, 27 gambling dens and 4 schools.

Sixteen inches of room would seem  
an inadequate accommodation for  
each passenger in a street car. Yet  
this is the space to be allotted in  
Westminster Abbey to those fortune-  
told 8,000 who will be bidden to at-  
tend the coronation.

Many School Children Are Sickly.

Mother Gray's Sweet Powders for Children, suc-  
cessfully used by Mother Gray, a nurse in Children's  
Home, New York, break up Colds in 24 hours, cure  
Feverishness, Headache, Stomach Troubles,  
Coughing, Diarrhoea and Destructive Worms. Try  
thousand testimonials. T. E. NEVER FAIL.  
At all druggists, 25c. Sample mailed free. Ad-  
dress ALLEN S. OLMSTED, Le Roy, New York.

South Carolina proposes to exhibit  
at the St. Louis Exposition a repro-  
duction of the cabin in which Presi-  
dent Andrew Jackson was born.

It Will Surprise You—Try It.

In order to prove the great merit of  
Ely's Cream Balm, the most effective  
cure for Catarrh and Cold in Head, we  
have prepared a generous trial size for  
10 cents. Get it of your druggist or send  
10 cents to ELY BROS., 56 Warren St.,  
New York City.

Ely's Cream Balm has completely  
cured me of catarrh when everything else  
failed.—Alfred W. Stevens, Caldwell, O.

After using Ely's Cream Balm six  
weeks I believe myself cured of catarrh.—  
Joseph Stewart, Grand Ave., Buffalo,  
N. Y.

Ely's Cream Balm is the acknowledged  
cure for catarrh and contains no cocaine,  
mercury nor any injurious drug. Price,  
50 cents. At druggists or by mail.

Each package of PUTNAM FADE-  
LESS DYE colors more goods than any  
other dye and colors them better, too.

Passenger in a Predicament.

A passenger on an elevated road in  
Brooklyn had the slack of his trousers  
leg caught in a closing door as he  
was standing with his back to it.

The side doors are only opened from  
the outside with keys kept at the  
Brooklyn bridge. The passenger was  
therefore obliged to go way beyond  
his station until a bridge man and a  
key could be found.

## Health

"For 25 years I have never  
missed taking Ayer's Sarsaparilla  
every spring. It cleanses my  
blood, makes me feel strong, and  
does me good in every way."  
John P. Hodnette, Brooklyn, N. Y.

Pure and rich blood  
carries new life to every  
part of the body. You  
are invigorated, refreshed.  
You feel anxious to be  
active. You become strong,  
steady, courageous. That's  
what Ayer's Sarsaparilla  
will do for you.

\$1.00 a bottle. All druggists.

Ask your doctor what he thinks of Ayer's  
Sarsaparilla. He knows all about this great  
old family medicine. Follow his advice and  
we will be satisfied.

J. C. AYER & CO., Lowell, Mass.

Few women flirt after they get  
married—and few men flirt before.

Don't forget a large 2 oz. package Red  
Cross Balm Blue, only 5 cents. The Rug  
Company, South Bend, Ind.

A petroleum well has been known  
in Zante, one of the Ionian Islands,  
for nearly 3,000 years. It is men-  
tioned by Herodotus, who was born  
484 years before the Christian era.

Use the famous Red Cross Balm Blue,  
large 2 oz. package 5 cents. The Rug  
Company, South Bend, Ind.

Farthing breakfasts, consisting of  
coffee, bread and butter and jam, are  
now being provided by the Salvation  
Army for poor children in Newcastle,  
England.

CANDY CATHARTIC

FOR THE BOWELS

Genuine stamped C. C. C. Never sold in bulk.

Beware of the dealer who tries to sell  
"something just as good."

JUST THINK OF IT

Every farmer who owns  
land, no matter how small,  
increasing year by year,  
and who is anxious to  
increase his income,  
should use  
FARMERS' WESTERN  
CANADA  
FERTILIZER

for cattle and grain. Low railway rates, small quan-  
tities possible. This is the condition of the  
farmer in Western Canada, Province of Manitoba,  
and districts of Assiniboia, Saskatchewan and  
Alberta. Thousands of Americans are now settled  
there. Reduced rates on all railways for agricul-  
tural products and supplies. New districts are being  
opened up all year. The new 40-acre claims of  
Western Canada sent free to all applicants. Apply to  
F. P. Kelly, Agent of Land, Painesville, Ohio. Write  
to W. V. Bennett, 801 New York Life Bldg., Omaha,  
Nebr., Agent for the Government of Canada.

Capsicum Vaseline

Put Up in Collapsible Tubes.

A Substitute for and Superior to Mustard or any  
other plaster, and will not blister the most delicate  
skin. The pain relieving and curative qualities of  
this article are wonderful. It will stop the common  
ache at once, and relieve headache and neuralgia.

We recommend it as the best and safest remedy  
counter-irritant known, also as an external remedy  
for pains in the chest and stomach, and all  
rheumatic, neuritic and gouty complaints.

A trial will prove what we claim for it, and it  
will be found to be invaluable in the household.  
Many people say "It is the best of all your prepara-  
tions."

Price 15 cents, at all druggists, or other dealers,  
or by sending this amount to us in postage stamps  
we will send you a tube by mail.

No article should be accepted by the public un-  
less the same carries our label, as otherwise it is  
not genuine.

CHEESEBROUGH MANUFACTURING CO.,

17 State Street, New York City.

## 900 DROPS

## CASTORIA

A Vegetable Preparation for As-  
similating the Food and Regula-  
ting the Stomachs and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerful-  
ness and Rest. Contains neither  
Opium, Morphine nor Mineral.  
NOT NARCOTIC.

Prepared by  
J. C. Ayer & Co., Lowell, Mass.

A perfect Remedy for Constipa-  
tion, Sour Stomach, Diarrhoea,  
Worms, Convulsions, Feverish-  
ness and LOSS OF SLEEP.

Fac-Simile Signature of  
J. C. Ayer & Co.  
NEW YORK.

35 Doses 35 CENTS

EXACT COPY OF WRAPPER.

## CASTORIA

For Infants and Children.

The Kind You Have  
Always Bought

Bears the  
Signature  
of

Use  
For Over  
Thirty Years

## CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.